



Registered Charity No: 1106520





Activity Centre

Offering; Information - Advice - Support / Mental - Physical - Emotional

Dec 2016

9am till 1pm, Monday to Wednesday, Thursday 9am till 3pm

Wellbeing

Monday	Tuesday	Wednesday	Thursday	Friday
			1 st Cooking Group @10.30 Art &craft exhibition Jackie's cards for sale Badge Making & Balloon modelling	2 nd Community Outlet Open 4 days a week
5 th Writers workshop shop@10 Community Café	6 th – NDA Hearing Aid Support 10-12 Arts & crafts group	7 th - Community Café Christmas Crafts All welcome	8 th – Minds carers group Musical keys 12.45-1.30 	9 th Community outlet Open 4 days a week
12 th – Community Café All welcome	13 th - NDA Hearing Aid Support 10-12 Arts & crafts group @10 10.30 -11.30 Every month	14 th – Arts and crafts Christmas Decorations Community Cafe	15 th – <i>First Focus</i> Jackie's cards for sale CHRISTMAS PARTY	16 th Tesco fundraiser sat All welcome to help
19 th - CLOSED	20 th CLOSED	21 st - CLOSED	22 nd – CLOSED	   LOTTERY FUNDED
26 th -Boxing Day CLOSED	27 th CLOSED	28 th CLOSED	29 th CLOSED Happy new year!!!!	

ArOak Street, Fakenham, Norfolk, NR21 9DY E-mail:- info@firstfocus.org.uk Website:- www.firstfocus.org.uk



Day Service Provider