



Registered Charity No: 1106520





# Activity Centre

Offering; Information - Advice - Support / Mental - Physical - Emotional

Dec 2016

9am till 1pm, Monday to Wednesday, Thursday 9am till 3pm

**Wellbeing**

Monday	Tuesday	Wednesday	Thursday	Friday
			1 <sup>st</sup> Cooking Group @10.30 Art &craft exhibition <b>Jackie's cards for sale</b> <b>Badge Making &amp; Balloon modelling</b>	2 <sup>nd</sup> Community Outlet Open 4 days a week
5 <sup>th</sup> Writers workshop shop@10 Community Café	6 <sup>th</sup> – NDA Hearing Aid Support 10-12 Arts & crafts group	7 <sup>th</sup> - Community Café Christmas Crafts All welcome	8 <sup>th</sup> – Minds carers group <b>Musical keys 12.45-1.30</b> 	9 <sup>th</sup> Community outlet Open 4 days a week
12 <sup>th</sup> – Community Café All welcome	13 <sup>th</sup> - NDA Hearing Aid Support 10-12 Arts & crafts group @10 10.30 -11.30 Every month	14 <sup>th</sup> – Arts and crafts Christmas Decorations Community Cafe	15 <sup>th</sup> – <i>First Focus</i> <b>Jackie's cards for sale</b>  CHRISTMAS PARTY	16 <sup>th</sup> Tesco fundraiser sat All welcome to help
19 <sup>th</sup> - CLOSED	20 <sup>th</sup> CLOSED	21 <sup>st</sup> - CLOSED	22 <sup>nd</sup> – CLOSED	   <b>LOTTERY FUNDED</b>
26 <sup>th</sup> -Boxing Day CLOSED	27 <sup>th</sup> CLOSED	28 <sup>th</sup> CLOSED	29 <sup>th</sup> CLOSED Happy new year!!!!	

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*Day Service Provider*