



Registered Charity No: 1106520

Activity Centre

Offering; Information - Advice - Support / Mental - Physical - Emotional

June 2018

9am till 1pm, Monday to Wednesday, Thursday 9am till 3pm

Wellbeing

Monday	Tuesday	Wednesday	Thursday	Friday
4th Writers workshop@10 Volunteers week	5th NDA Hearing Aid Support Bills Art Group	6th Arts and Craft Come in and asks about Volunteering opportunities	7th Cooking with Jill@10.30 Card Making	8th Community Outlet Open 4 days a week
11th Community Café Cervical screening Awareness week	12th– Bills Art Group NDA Hearing Aid Support 10-12 Arts & crafts group	13th - Community Café Father's Day Card making	14 th Clay Modelling Support & advice 9am-3pm	15 th Community outlet Open 4 days a week
18th– Information & support Community Café Bingo 'eyes down'	19 th –NDA Hearing Aid Support 10-12 Gentle seated exercise 10.30 -11.30 Every month	20th _ Unicorn Art Community Café	21st–Fakenham Archive group presentation 10am World music day 🎵 Painting Day	22nd Community outlet Open 4 days a week
25th- Community Cafe Advice & support	26th NDA Hearing Aid Support Art Group 10-12	27th- Community Café Art and games	28th– Cooking group@10.30 Advice always available	<p>LOTTERY FUNDED</p>

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Day Service Provider