


JUNE

Day Service Provider



Registered Charity No: 1106520

Information-Advice-Support Mental-Physical-Emotional Wellbeing

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3rd Writers Workshop group @ 10am Volunteer week! Come in and See what you can offer</p>	<p>4th NDA Hearing Aid Support 10-12pm Bills supporting art group 10</p>	<p>5th Community Café Day Creative crafts</p>	<p>6th Mental Health Peer Support Group 10.00 – 11.00 “ It’s Good to Talk”</p>	<p>First Focus Offers Benefit Support and advice</p>
<p>10th Job Support 11.30 – 12.30 Arts and crafts</p>	<p>11th NDA Hearing Aid Support 10-12pm Bills supporting art group 10</p>	<p>12th Community Café Day Arts and Crafts</p>	<p>13th Peer support Group 10-11 “Anxiety” 11 dmlvmam glass night light creating</p>	<p>14th First Focus Offers UC support and PIP support</p>
<p>17th Job Support 11.30 – 12.30 Arts and Crafts 10 Help with CV writing</p>	<p>18th NDA Hearing Aid 10-12 Bills supporting art group Gentle seated exercise class 10.30-11.30</p>	<p>19th Community Café Day Emotional support Available daily</p>	<p>20th Peer Support Group 10 - 11 Bingo at 11 am</p>	<p>23rd First Focus Offers psychological support</p>
<p>24th Job support 10.30 Creative crafts</p>	<p>25th NDA Hearing Aid support Bills supporting art group</p>	<p>26th Community Café Scrap booking</p>	<p>27th Peer Support Group 10-11 Cup Cake decorating From 11 o’clock</p>	

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