

Activity Centre

Offering; Information - Advice - Support / Mental - Physical - Emotional

Registered Charity No: 1106520				
Nov 2016	9am till 1pm, Monday to Wednesday, Thursday 9am till 3pm			Wellbeing
Monday	Tuesday	Wednesday	Thursday	Friday
	1 st	2 nd	3 rd	4 th
	NDA hearing aid Support	Community Café	Cooking Group @10.30	Community Outlet
MUSICAL	10-12	Art workshop with the Art	Diabetic Group with Alirae	Open 4 days a week
KEYS EQUAL ACCESS TO MUSIC AND CREATIVITY		shed!! All abilities welcome	Bunkle Diabetic specialist	
7 th	8 th —	9 th -	10 th -	11 th
Writers workshop shop@10	NDA Hearing Aid Support	Community Café	Clay group@10	Community outlet
Community Café	10-12 Arts & crafts group	Art with the Art shed	Mind Carers Group	Open 4 days a week
14 th –	15 th - NDA Hearing Aid	16 th –	17 th -	18 th
Community Café	Support 10-12	Anti bullying awareness	Art Therapy	Community outlet
World Diabetes Day	Arts & crafts group @10	Community Café	Alcohol awareness day	Open 4 days a week
	Gentle seated exercise	Art with the Art shed	Advice and information	
	10.30 -11.30 Every month			
21 st -	22 nd	23 rd -	24 th -	
Community Cafe	NDA Hearing Aid Support	Community Café	FIRST FOCUS	
No need to be alone!!	Gentle seated exercise	Art with the Art Shed	CHRISTMAS FAIR	
All welcome	10.30 -11.30 Every month		Cooking group@10	₹ CC BIG LOTTERY LOND
28 th -Community Café				
				LOTTERY FUNDED

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Day Service Provider